

# Men's Referral Service



"Men's Referral Service helped me rethink how I approach my relationship and take steps towards change"

## Ask yourself:

- > Are you angry and exploding at the people you care about most?
- > Have you put your partner down or called them names?
- > Has your partner ever said they feel controlled, threatened, or scared by you?
- > Are you concerned with how this may be impacting your kids?

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If you answered yes to any of these questions, it's time to give us a call.

When you call the Men's Referral Service

- > You will talk with a trained counsellor
- > You don't need to give your name
- > You will be treated with respect

The Men's Referral Service is a men's family violence telephone counselling, information and referral service and is the central point of contact for men taking responsibility for their violent behaviour.

Call **1300 766 491** or head to our website **[ntv.org.au](http://ntv.org.au)** to chat online

For an interpreter, call TIS National 131 450.

The Men's Referral Service takes your rights and concerns seriously. Find out more at [ntv.org.au](http://ntv.org.au)

## [ntv.org.au](http://ntv.org.au)

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